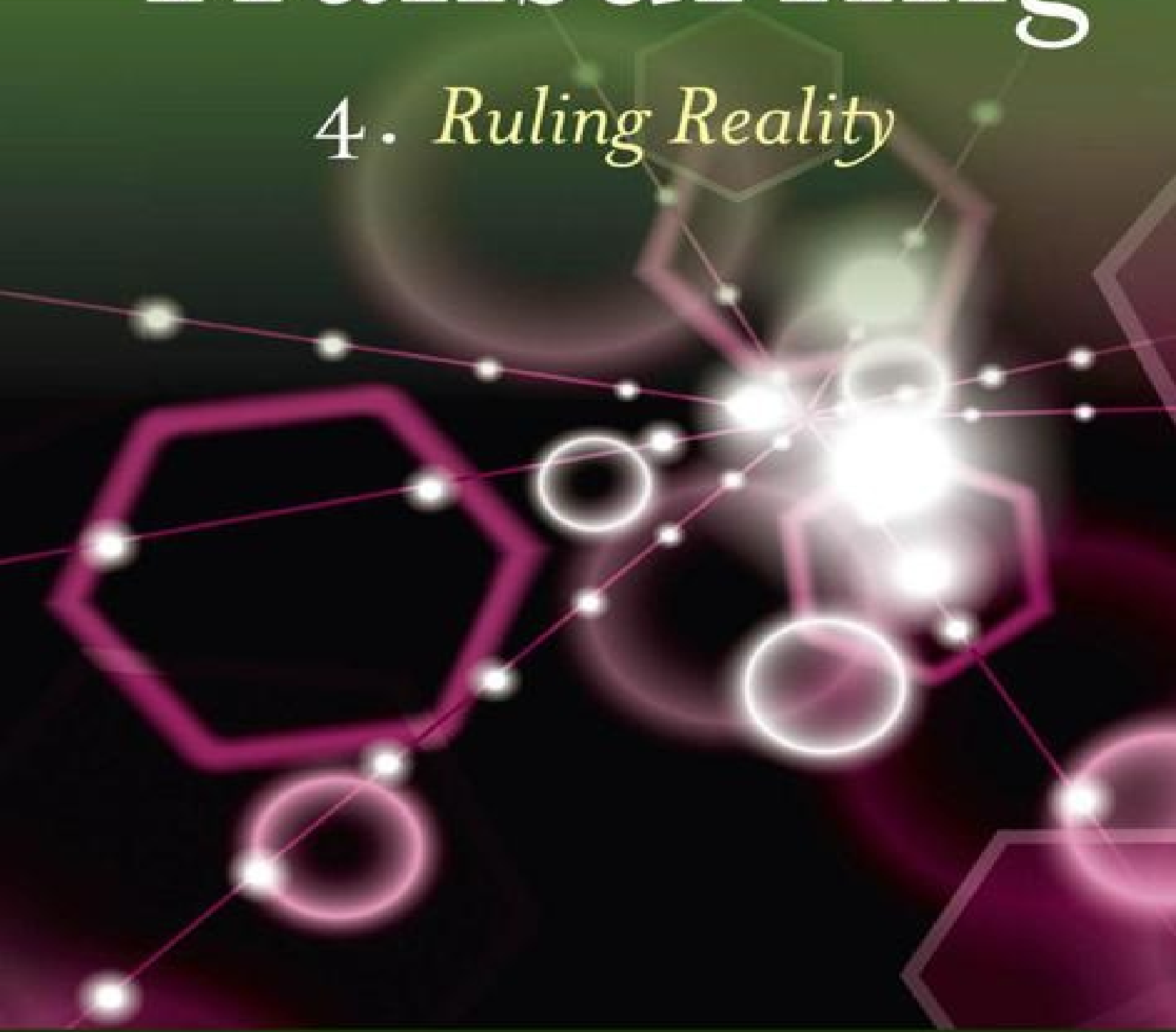


Reality Transurfing

4. Ruling Reality



VADIM ZELAND

Reality Transurfing

VOLUME IV
RULING
REALITY

Vadim Zeland

Translated by Natasha Micharina

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Books in the series

Reality Transurfing 1:
The Space of Variations

Reality Transurfing 2:
A Rustle of Morning Stars

Reality Transurfing 3:
Forward to the Past

Reality Transurfing 4:
Ruling Reality

Reality Transurfing 5:
Apples Fall of the Sky



Winchester, UK
Washington, USA

PREFACE

Dear Reader!

This is the fourth book about Transurfing – a mysterious aspect of reality, which has stirred up so many emotions within the reader community. In everyday reality, people are at the mercy of circumstances and are unable to significantly influence the course of events in their life. Life ‘happens’, in the same way as things happen in an unconscious dream. Events take their course regardless of what you want and don’t want. It would seem that this fatal inevitability is impossible to overcome. Yet, actually, there is a rather unexpected way out of this situation. Human beings have no idea they are being held captive by a mirror illusion.

Reality has two forms: physical, which you can touch, and metaphysical, which lies outside perception thresholds but is just as objective. In some sense, the world is like an endless *dual mirror*. On one side of the mirror is the physical universe, while the metaphysical universe – *the space of variants* – stretches out on the reverse side of the mirror. The space of variants is an information structure, where scenarios of all possible events are stored. The number of variants is infinite, like the number of potential points on a coordinate plane. Everything is written there – everything that was, and is going to happen. It is from this same place that we also get dreams, premonitions, intuitive knowledge and enlightenment.

Captivated by the mirror, people assume that the reflection in the mirror is the true reality. The mirror effect creates an illusion, as if the world around you exists on its own and is outside of your control. As a result, life starts to resemble a game, where you are not the one setting the rules. Of course, you are allowed to make some attempts to influence what is happening around you. But you are lacking the main thing: no one ever explained to you how to go from being a chip in the game to the one throwing the dice.

This book explains why it is possible to control your reality, and what stands in the way of you doing just that. You are capable of getting rid of the reflection illusion and waking up in your mirror dream in real life.

DANCING WITH THE SHADOWS

My world and I are going for a walk.

The Origin of Intention

The relationship between human beings and the world around them is shaped in such a way that any novelty inevitably transforms into something ordinary. Reality is constantly changing in its appearance, much like the clouds in the sky. But the speed of occurring changes is not high enough to sense the motion of material realization in the space of variants, just as the movement and transformation of clouds can only be clearly perceived in a fast-forward reproduction of frames made in slow motion.

Even the freshness of change, which brightens up our life with a brief flash, pales just as quickly. The unusual becomes ordinary; the joy you feel during festivities dissolves in the daily routine. Boring...

Here's a rhetorical question: what is boredom? It's difficult to give an intelligible answer – it would be easier to explain how to fight it. In an attempt to save themselves from the monotony of everyday life, your soul and mind invent all kinds of toys that help you have unusual experiences. A toy is a great remedy for boredom. A game is an even better one.

Various kinds of skating and riding, games like hide-and-seek or tag, and other types of fun-filled commotion are very popular. As people grow up, they come up with more and more intricate ways of entertaining themselves: from sports competitions to virtual reality. Even many types of professional activities are in essence nothing other than games.

In fact, why do I say 'many'? Try to name a job that *cannot* be considered a game. Notice the following: if a person is doing something, regardless of what it is, he or she is playing a game. Observing the things children occupy themselves with, grownups condescendingly say they are 'playing games'. Yet grownups play the game that they grandly call their 'job'.

Both are engaged in what they are doing, showing complete responsibility. Ask a child what he is up to, and he will answer you in all seriousness, almost anxiously: 'I'm playing!' Try to distract a grownup from his work, and he'll get upset: 'I'm busy doing something important!'

So there you have it: a game is a serious thing. What does a child do when he is not busy playing? In his time off from playing games he is usually fooling around. And what about a grownup? He is *lounging* – that is the word for it among the grownups. But people quickly grow tired of lounging; it becomes boring, and then once again they want to engage with a game.

So why do we need games, anyway? Is it only to get rid of boredom? Or let's put it another way: what is the reason for boredom – a lack of new experiences?

Actually, this question is not as trivial as it may seem. At the basis of liking games lies a need that is just as ancient as this world. What is the primary need for a living being? Survival – the self-preservation instinct? That is the well-established stereotype, but it is not the correct answer. Perhaps it is the drive to reproduce? No, once again the answer is wrong. What is it then?

The primary need is to be able, to some extent, to make decisions about your life – that is what constitutes the fundamental principle lying at the core of the behavior displayed by all creatures.

Everything else, including the instinct of self-preservation and reproduction, is a product of this principle. In other words, *the goal and meaning of the life of any living being is to control its reality.*

But that is not possible when the world around you exists independently from you and behaves in a completely uncontrollable or even hostile manner. There will always be people who would love to take away your meal, chase you away from your comfy corner, or even eat you whole. It's unfair and even scary when, instead of living your life, life just happens to you and there is absolutely nothing you can do about it. That is how you develop an insistent, and sometimes unconscious, need to keep the world around you under control.

To a lot of people, such a turn of events may seem unexpected: 'How can this be? After all, it was always plainly obvious to us that the self-preservation instinct is the main driving force, but now we find out that it is just a consequence of something more fundamental?'

Yet this only seems strange at first glance. If you take a closer look, it is clear that no matter what a living being does (including surviving and reproducing), everything comes down to its attempts to *bring the surrounding reality under its control*. That is the main motivation and primary source of any intention that underpins the activity of all beings.

Inactivity, in contrast, is about lack of control. Hence, *boredom, as such, does not exist – there is only a constant and insatiable thirst to control reality*. Somehow, anyhow, you try to bend reality to your will. Games, in this sense, act as a model of controlled reality.

Some birds, for example, like to play with pinecones. Here you have a cone – a piece of a reality that exists independently and is beyond control. But as soon as the bird makes the cone a part of its game, this piece of reality – and hence, to some extent, reality itself – becomes controllable.

Any sort of riding, skating and self-induced movement – that too is a kind of control. Reality is rushing me forward, but in the way I want it to. Every game is to a varying degree submitted to the same rule: 'Let it be the way I want it to be.' The game's scenario is more or less predetermined, and the situation is therefore predictable. There are, of course, games where it is rather difficult to maintain a leading position, but they all, in one way or another, come down to the same thing: to bend whatever is happening to your will.

Again, any kind of spectacle is, for the viewer, a game in which control over reality is being modeled. Music, books, films, shows – these are all swings for the soul and mind. The exhausting rush of tense thoughts stops... and turns into a flight on the wings of an elegant melody or a captivating story. No matter what happens to the main characters of the film, it is nothing but a tamed, trained reality, and the spectator is light-heartedly enjoying the show.

Games with reality do not stop even when we are asleep. Soul and mind find pleasure in the space of dreams, where reality easily yields to the light puff of intention.

Finally, games of imagination are another acceptable method. People even invent non-existent 'realities', just so they can play at being in control. Science fiction is unusual. It is allowed to be unusual while it remains unreal. It is far removed from our lives. Meanwhile, reality is ordinary because of its proximity, and yet it is inaccessible, because it is difficult to manipulate.

In general, none of these games is organized just for the sake of fighting boredom. Everyday reality is not boring – it is ordinary, because it is *uncontrollable*. It does not easily conform to the rule: 'It will be the way I want it to be.' And that is why people try to hide from such a reality in a game, where everything is easy and predictable.

Still, you cannot hide from the inevitable reality. Your life is determined by circumstances and your place in society. Reality develops for the most part regardless of your will. For every 'I want' there is its own 'You can't'. In response to 'Give me' you'll hear 'You won't get it'. What can you do in such circumstances?

As a rule, human beings behave unambiguously. In their attempts to get what they want, they try

to influence this world straight on, by the principle 'Give it back'. Direct impact, based on direct contact, is one of the ways of controlling something. But that is not the only and certainly not the most effective method of controlling reality.

You and I are going to go another way: with our hands behind our backs we'll make the world move forward towards our desires. All subsequent discussion will be about how to accomplish this. Transurfing is a technique of reality control, without influencing it directly. Except that it is no longer in pretence, like in a game, but for real.

The Law of Bad Luck

In order to learn how to control reality, you need, at the very least, to understand the mechanisms behind its creation. Everyone directly creates *their layer of the world*. But the majority of people do not understand how it happens.

Each of us strives towards having 'everything the way I want it'. We try to apply this uncomplicated principle to the world: where I make a turn, that's where I'll go; where I push harder, that's where it will yield. But for some reason the world does not want to submit. Moreover, when we do make a turn to one side, we get rushed along in an entirely different direction.

We need to stop and think: if reality behaves so strangely, then a different approach is required. Perhaps reality is subject to completely different laws? But most people do not want to stop and take a look around; they continue to stick stubbornly to their guns.

As a result of this 'creativity', a layer of the world is created where 'everything is not the way I wanted'. Instead it's quite the opposite: many things happen exactly 'the way I do not want them to'. It's some kind of strange, capricious and tough reality.

Often you get the feeling that the world is behaving as if in spite. It's as if unfortunate events are drawn to you by an inexplicable force. Your apprehensions and worst expectations come true. You are constantly pursued by the things you feel aversion to and try to avoid. Why does this happen?

In the beginner's course of Transurfing, I have already discussed why 'you get what you don't want', especially if this unwillingness is intense. If you hate or fear something with all your heart, then *external intention* will deliver it in abundance.

The energy of thoughts that came into being in the *unity of the soul and mind* materialize a potential possibility into reality. In other words, *the sector in the space of variants* that corresponds to the parameters of your thought emission becomes materialized if the feelings of the soul are in unity with the mind's thoughts.

But that is not the only thing that makes your worst expectations come true. Actually, life without problems is the norm. Everything turns out nice and smooth if you move *with the flow of variants* without getting out of balance. Nature does not like wasting energy in vain and is not disposed towards plotting against human beings.

Unfavorable circumstances and events take place as a result of *excess potentials* introducing distortions into the surrounding energy picture, while *dependence relationships* only make matters worse.

Excess potentials occur when you attach excessive importance to certain characteristics, where dependence relationships develop between individuals when they start comparing and contrasting themselves to each other, and start setting up rules, such as: 'If you do this, then I'll do that.'

An excess potential on its own is not too horrible, while the distorted assessment exists irrelatively, on its own. But as soon as the artificially inflated estimate of one object is put in comparison with another object, you get polarization, which gives rise to *the wind of equilibrium forces*.

Equilibrium forces strive towards removing the polarization that has occurred, and their action in most cases aimed against the person who created this polarization.

Here are some examples of irrelative potentials: I love you; I love me; I hate you; I'm disgusted with myself; I am good; you are bad. Such estimates are self-sufficient because they are not based on comparing and contrasting.

Now, here are examples of potentials built on dependence relationships: I love you on condition that you love me; I love myself because I am above everyone else; you are bad because I am better; I am good because you are bad; I don't like myself because I am worse than everyone else; you disgust me because you are not like me.

The difference between the first and the second group of appraisals is very big. Appraisals based on comparison give rise to polarization. *Equilibrium forces eliminate this discontinuity by clashing opposites together*, in the same way as the opposite poles of two magnets are drawn towards each other.

This is exactly why problems push themselves into our lives so persistently and do so as if on purpose. For instance, in the case of married couples, you often see united two seemingly incompatible personas, as if each is a punishment for the other. In various work-teams there is always at least one person who will make your life miserable in one way or another. Murphy's laws, or sod's law, are of the same nature. And when it comes to spiteful neighbors, they have altogether become an integral condition of any co-habiting.

The example of annoying neighbors provides a good illustration of the polarization effect. This issue, despite its everydayness, is of most direct relevance to the field of metaphysics. The problem is that some people disturb others and stop them living their lives in peace. But why?! Why are there always 'bad' aunts and uncles everywhere, who pester 'good people'? Who knows – maybe it just turns out that people are divided into two camps? Yet, if we were to do a survey and ask people 'Which camp do you belong to?' only a very small fraction of respondents would identify themselves as bad. Your neighbors are generally just normal folk, like you.

The tendency is created by the wind of equilibrium forces, which blows in the direction of your aversion. The direction of the wind is determined by this 'foul play' principle: *Everything you don't like will be with you*.

Somebody may disagree: 'What equilibrium forces are you talking about? These people have simply got no shame. That's all there is to it and there's nothing to philosophize about.' But I will not prove to you that it is not just an empty philosophy.

Let's say your neighbors are annoying you. Do you annoy them? Probably not. And why not? 'Well, because *they* are so-and-so – they're bad – but *we're* not like them,' you'll say. But there are not just 'bad' or 'good' people. Any judgment is relative, because it springs from comparing and contrasting.

Still, why aren't you annoying your neighbors? My answer may seem surprising to you: *you are not annoying your neighbors because they couldn't care less about you*. 'That's exactly it,' you'll say, 'and that is why they are bad people, because they've lost all shame.'

And it is with an attitude like that that you turn on polarization, just like an electromagnet, which will attract more and more neighbor-related problems. But to them it will be like water off a duck's back, because you represent no interest to them. It doesn't occur to your neighbors to give you comparative appraisals, that is, to get into a dependent relationship with you. And in this sense they couldn't care less about you – *they do not attach importance to you and do not include you in the layout of their world*, and hence they do not suffer.

Neighbors do not have a polarization towards you while they are busy dealing with their own problems and not paying much attention to you. But as soon as they start attaching importance to you

neighborly existence and start comparing, it immediately becomes clear that you are not like them. And if this troubles them and strike a chord in them, you will start annoying them. From being good neighbors, you will turn into bad neighbors.

And after that, even more incredible things will start happening. You will start making trouble for your neighbors in ways that it wouldn't even occur to you would bother anybody. *You will bother your neighbors without being aware of it.* Just as they are not aware right now that they are bothering you.

When sharing a house, for example, noise pollution is problem number one. The more you dislike it, the more intensively it will pursue you, despite the fact that peace and quiet is the optimal way of existence, not only for you but for your neighbors as well. Less energy is wasted that way. Disturbance of peace is always an anomaly, which never happens without a cause. Where then does the energy come from?

The noise from your neighbors throws you off balance, and you start hating them quietly (or out loud). Your annoyance is the energy source. Dependent relationships arise, which in turn generate polarization. Intense feelings such as: 'I hate these noisy neighbors!' create a powerful magnet, which will attract more and more provocations.

New tenants who are prone to a noisy mode of existence will move in next to you, while other neighbors will get new equipment as if their sole purpose in life is to tick you off.

You should also be aware of the fact that your neighbors' neighbors are also making a certain contribution, and if the general feelings towards troublemakers match, the effect will be magnified.

Of course, there is more to having 'nice neighbors' than this. Everything depends on what you are more prone to feeling aversion to. They might pile up garbage, suffocate you with unpleasant smells, cover the walls in the common areas of your house with graffiti, and so on. Aversion to neighbors, as a human type in general, can bring about even more substantial consequences – flooding, or even a fire.

Similarly, in any other situation, there is a particular law of bad luck. An item or a feature which one attaches special importance attracts objects with opposite qualities.

Meanwhile, *importance*, as you already know, intensifies when you start comparing and contrasting. If there is one pole, then another must be around. Polarization creates a magnet for attracting trouble. Everything that causes aversion in you is drawn towards that magnet. Everything that annoys you pursues you. Everything that you really wouldn't want to happen happens. And there is nothing mysterious about this – it is natural.

Polarization distorts the energy image and gives rise to the equilibrium forces. As a result, reality is not correctly reflected, as if in a distorting mirror. People do not understand that this abnormality is a result of a disturbed balance, so they try to deal with the world around them instead of eliminating polarization.

Yet all you have to do is to implement the main rule of Transurfing: *Let yourself be you, and let every different person be different.* You have to give the world free rein. *Lighten your grip.*

The more you insist on your wishes and complaints, the stronger the magnet attracting everything that is opposite. This is literally what happens: you hold the world at its throat, while it counterattacks you, trying to break free.

It is pointless trying to push and insist – the situation will only get worse. Instead, *you have to make a conscious change in your attitude towards the situation, in compliance with the Transurfing rule.*

For instance, try, at least for a while, to get your neighbors out of your mind: stop judging them, pretend that they simply don't exist. Say to yourself: 'To heck with them!' Simply throw them out of the layer of your world.

As soon as you manage to tear the suction cup of your *attitude* off your neighbors, polarization

will disappear, and your neighbors will soon stop bothering you altogether. Moreover, if you manage to completely break up your dependence relationship, something incomprehensible might happen: these nasty people will become your best friends.

Everything Happens to Spite You

Generally, the fact that ‘Murphy’s law’ exists is rather strange, don’t you think? Why, for what reason does the world behave in this nasty way? Or it is just guesswork and prejudice? Not really; the tendency is definitely there, and there is no escaping that fact. Fortunately, the Transurfing model not only uncovers the reason behind such regularity, but also explains how to avoid it.

The Transurfing rule works without fail, freeing anyone who follows it from numerous problems of unknown origin. As soon as you let go and stop ‘holding the world at its throat’, the world immediately becomes friendly and obedient.

But if you ‘won’t let go’, you will walk around like a magnet, drawing everything of opposite nature to yourself. However, the law of bad luck is not all there is to it. As soon as opposites meet their confrontation tends to further aggravation.

The well-known law of the *unity and struggle of opposites*, the meaning of which is in its name, has already turned into a ‘school’ of knowledge. The Volga River empties into the Caspian Sea, and the Mississippi into the Gulf of Mexico. But it is not quite so simple. Let’s ask ourselves the question: why does this law actually exist?

We have already uncovered the cause of an omnipresent unity of opposites: by bringing opposites together, equilibrium forces restore balance. Then why are opposites always in a state of continuous struggle?

You would think it should be the other way around: two opposite forces collide, extinguish each other, and calm down. But no, opposites continue to ‘anger’ each other until they ‘get into a fight’. And if you don’t pull apart the bullies, it will continue forever.

You needn’t go far to get examples. You yourself can confirm that the world gets on your nerves every now and then. Of course, the extent and the nature of impact are different for everyone. But generally it boils down to this: *if at any particular moment something is able to put you off balance for some reason it seems to happen just to spite you.*

The following occurs. If you’re worried or anxious about something, your nerves are strained, at least partly. And then, as if somehow related to this, a certain jester appears and starts jumping and yelping so as to strain your nerves even further. As you become irritated, the jester starts jumping around even more furiously.

There are many ways of increasing annoyance. Let’s say you’re in a great hurry somewhere and are afraid of being late. The jester immediately claps his hands, rubs his palms together, and exclaims: ‘Well, let’s go!’

From that moment on, everything is working against you. People are blocking your way as you stroll along, minding their own business, and you are struggling to find a way through the crowd. You need to quickly get through the door, but a queue of lazybones is literally lining up in front of you, with people barely moving their legs. The same thing happens on a highway with you and other cars. It’s as if everyone has conspired against you on purpose.

Of course, you can assign some of this to perception: when you are in a hurry, it *seems* as if the whole world is slowing down around you. But there are also obvious signs: the elevator or your car breaks down, the bus is late, there is a traffic jam building up on the road – in these cases it immediately seems more like an illintentioned objectivity.

There are plenty of other examples. If you are worried about something and are tense, the people

around you will start doing the very things that annoy you, and they will do them just when you would have liked to be left in peace.

Children start going completely hog-wild, even though they were very quiet just before. Someone next to you will begin champing and swallowing loudly. All types of people get under your feet and pester you with their problems. Obstacles keep bugging you everywhere you go. If you're waiting for someone impatiently, you get to wait for a long time before they arrive. If you don't want to see anybody, somebody will definitely show up. And so on.

And this outside pressure intensifies as your annoyance grows. The stronger your tension, the more the people around you bother you. But here is an interesting fact: they are not behaving like that deliberately. It doesn't even occur to them that their behavior could cause somebody grief. What then causes them to behave in such a way?

There are generally a lot of blanks in the psychology of the unconscious. As strange as it may sound, in most cases, people are driven by subconscious motives. But even that is not as amazing as the fact that *the driving force that shapes unconscious motives is not inside the human psyche, but external to it.*

This force is represented by invisible but real energy-information entities, which are created by the thought energy of living beings, and are called 'pendulums'. A lot has been said about pendulums in the first book on Transurfing. They always appear in places where you can get a good haul from conflict energy.

However, you shouldn't assume that these entities are able to conspire and realize conscious intention. Pendulums, like leeches, can sense polarization as an irregularity in the energy field, and tend to bite into it. But that is not the most horrible thing.

The most terrible thing is that not only do they gulp down conflict energy, but they also somehow make people behave in a way that will make them generate even more conflict energy.

They do everything they can so that energy keeps overflowing. Pendulums pull people by invisible strings, and people obey, as if they were puppets. It is not yet clear exactly *how* pendulums manipulate people's motivation, but they do so quite effectively.

A person's clear consciousness is inaccessible to pendulums, but they can easily do without that. The subconscious will do just fine. As a rule, everyone is to a varying degree sleeping awake. We do many things automatically, in a relaxed manner, without being soberly aware of what is going on. 'Right now I am not asleep and I am clearly aware of what I am doing, and why I am doing it this particular way.'

The level of awareness is particularly low when we are at home or in a crowd. When we are at home, in private, the need for enhanced self-control is low, and for that reason we behave in a relaxed manner, almost dozing off. In an outside situation, but with a close circle of friends, it's the opposite: our consciousness is at its most active and is preoccupied with self-control. But at large gatherings our actions can be both spontaneous and at the same time heavily correlated with the main impulses of the whole mob.

In order to demonstrate a pendulum at work, let's use the most straightforward example – you're walking behind a passer-by on a street and then overtake him. As soon as you decide to move to the left, in order to leave him behind, he takes a step in the same direction, as if blocking your way. You try to pass by him to the right, and again, he involuntarily moves in the same direction.

What makes the passer-by change his direction? After all, he cannot see you, and why should he care about you trying to go round him? Perhaps he can somehow feel you approaching with his back and instinctively does not want to let 'a competitor' get ahead of him? Such an explanation seems to be the most logical one, and yet that is not what's happening here. When talking about instincts in the animal world, rivalry always occurs in situations where opposite sides stand face to face. A pendulum

– that is what causes the passer-by to move to the side.

~~People walk without giving much thought to how to place their steps in order to move in a straight line. In this sense they are asleep, and therefore, from time to time, the line of their steps spontaneously shifts to one side or the other. Motivation, that is, the choice of direction, lies in the subconscious, which is not being controlled at the time, and hence is potentially open to a pendulum influence.~~

At that moment, you approach the passer-by and make an attempt to go round him. This is, in essence, a conflict, even if a minor one. With the goal of increasing conflict energy, a pendulum forces the passer-by to unintentionally step to the side, in order to block your path and thereby aggravate the situation.

Still, a pendulum does not act deliberately, because it does not have a conscious intention. The equilibrium forces do their job just as unconsciously. Again I'd like to emphasize the fact that we're talking here about certain processes, the mechanism of which is still unclear, and not about intelligent behavior carried out by beings called 'pendulums'. We are just making note of isolated manifestations and regularities of the energy-information world.

There is no sense in arguing what kind of pendulum is operating in any given situation, where it came from, how it manages to influence us and what actually happens there, on the energy level. We won't be able to make proper sense of it all. The only thing that matters is the following main conclusion: if equilibrium forces knock opposites together, then *pendulums do everything to inflate the energy of the conflict that has arisen*. Such is *the law of the pendulum*.

Endless pendulum fights – be it family rows or armed conflicts – are all conducted in compliance with this law. If there is an opposition, subsequent events will develop towards conflict escalation, no matter what happens, including temporary and decorative reconciliation.

Where the pendulum law is at work, a rational mind has no power. That is exactly the reason why the actions of separate individuals, as well as whole countries, are very often beyond any common sense. *In conflict situations, people's motives are in the power of a pendulum*.

And that is how you get the strange effect in which your past actions appear to have happened if in a dream: 'Where on earth was my mind? And why did I take it into my head to behave that way? Well, because you acted without being aware of what you were doing. Only later, when consciousness is no longer subject to external influence, can the events be adequately appraised.

Near and dear ones fight and separate because they are convinced they are incompatible. Yet there were moments of happiness when everything was just great. And then, all of a sudden, one of them changes and becomes hostile. His behavior does not, in any way, correspond to the way he was before, literally just moments ago. You recognize the picture, don't you?

Actually, it is not about anybody changing. The man behaves in a completely unacceptable way towards his partner because the pendulum forces him to.

A pendulum controls the subconscious motives of opposing individuals. And this control is aimed at increasing conflict energy. People are not conscious of the fact that they are *made* to instigate a confrontation. They can act completely irrationally and inappropriately.

This effect is particularly noticeable in inexplicably cruel crimes. Only later, in the dock, does the criminal recall his past actions with bewilderment: 'I was in a haze.' And he is not lying – that is exactly what happened. To the criminal himself it is a complete surprise; to him his deed was like a bad dream.

People sleep particularly heavily if their attention gets trapped in *a noose of capture*. In some communities – for example, in the army, a gang or a sect – a certain environment is created, with particular manners and stereotypical thinking. This 'sedates' the human mind, and the subconscious becomes wide open to the zombifying influence of a pendulum. And then things start happening that

seem completely incomprehensible, if one were to look at them from the outside.

~~Why do people kill other people, who are just like them, with such ferocity, with the one motivation that these people worship other gods? Whom does it bother? People have a rough time wars and die in their thousands, even hundreds of thousands, millions. Where is the self-preservation instinct? Fighting for riches and territory is more or less understandable. But how do you explain battle for beliefs?~~

The idea of peace is dear to everyone. But wars continue to take place. The idea of one God is obvious, ideas of goodness, justice, equality... the list goes on and on. Everybody gets the picture, however, common sense does not work, and evil prevails. Where then does this evil come from?

So, pendulums are the universal source of evil. One need only spend a little time observing and it will become absolutely clear: regardless of what the relationship is between two opposing forces, everything moves towards increasing the conflict energy. Even if the struggle dies out, the break will only last for a short while, and the conflict will flare up with new force later on.

Of course, there are different kinds of pendulums, and they are destructive to a varying degree. Many of them are quite harmless. The Transurfing pendulum, for instance, is essential to make as many people as possible think about what is actually going on in reality.

I'm not talking about completely freeing yourself from all pendulums – I doubt that is even possible. The most important thing is not to be a puppet and to act consciously, so that you can take advantage of these structures. But how do you free yourself of their influence?

Wake up and become aware of the way a pendulum is trying to manipulate you. Understanding what is going on is already half the battle. The power of a pendulum's influence is in inverse proportion to conscious awareness. It has power over you while you're sleeping awake.

First of all, don't take part in the destructive battles of pendulums, if you personally have no need for it. When you are in a crowd, you need to get down from the scene of action into the auditorium, turn around and wake up: 'What am I doing here? Am I aware of what's going on? Why do I need this?'

The waking up from sleeping awake must be precisely articulated, as was shown above: '*Right now I am not asleep and I am clearly aware of what I am doing, why I am doing it and why I am doing it this particular way.*' If you provide yourself with such an account of the situation, everything will be fine. But if not, then in any conflict situation, even the most minuscule one, you will be a puppet.

Things are more complicated when there is something annoying you. In that case the jester will jump around while your nerves are taut. This usually means that a pendulum has caught your attention in a noose of capture. In order to free yourself from the pendulum you need to become indifferent. But that is easier said than done.

For example, your neighbors are bothering you with music you really hate. Your task is to 'come unhooked' from the pendulum by any means possible. But forcing yourself to refrain from reacting is practically impossible. *There is no point in trying to suppress your emotions.* Instead you should direct your attention towards something else.

Try listening to your own music, but not too loud, just loud enough to deafen you to the neighbors' music. Come up with other ways of distracting yourself. If you manage to occupy your thoughts with other things, your neighbors will gradually quiet down.

The same mechanism works in other cases. If 'the jester is jumping', it means your attention has been caught in a noose of capture. You've been drawn into a pendulum's game, with the aim of increasing conflict energy. *In order to free yourself from the noose of capture, you have to switch your attention.*

Basically, everything is not as bad as it seems. Things won't happen 'in spite', if you stop sleeping awake. You may be thinking that everything mentioned so far is terrible nonsense. Of course

it is not easy to get used to the idea that certain entities are able to control you. Whether to accept the knowledge or not – that is a question of personal choice. But you don't have to believe. Observe and draw your own conclusions.

The Rule of the Pendulum

In our world, almost everywhere we go, we come across direct or indirect information to do with sexual relations. Within the Transurfing model, this topic, just like many others, is presented from an unusual perspective. Sex plays a rather significant part in people's private lives, whether they want to admit to it or not. Actually, not sex itself, but people's *attitude* to it. It doesn't matter whether a person leads an active sex life or not; occasionally there are flashes in their thoughts, which express their *attitude* to sex.

Generally speaking, there cannot be a neutral stance in this case – human nature will make itself known one way or another. Some people's attitude becomes apparent in their aversion, annoyance, mockery or rejection. The attitude of others turns into *intention*. And if their intention does not materialize or is materialized unsuccessfully, then all kinds of hang-ups spring up in their psyche, or to put it in Transurfing terms, they form *negative slides*.

It is fair to say that to a varying extent, sex issues concern, if not everybody, then a vast majority of people. And quite a few people have sex-related hang-ups. Pendulums play a significant role here as they try to convince you, by any means possible, that you are not perfect and that you've got problems. And you really start believing that you've got problems. You can't even imagine how many people there are out there who share this belief.

If you are thinking that there are issues in your sex life, while everyone else's sex life is fantastic, you are really mistaken. It's an illusion, craftily created by pendulums with the help of the mass media. Haven't you noticed that wherever the topic of sex is touched upon, you are shown people who are apparently doing just great?

Well, if you had a full stadium and removed everyone who had sex 'issues', then you could count on the fingers of one hand the number of people who would be left. Try imagining yourself in the center of a huge, full stadium, which has suddenly got empty, and you're looking around, trying to find the remaining 'normal people'. That's the kind of proportions we're talking about here.

Even if your friends are not exaggerating when they brag about their success, you can be sure that they too have their own problems, which they carefully hide, not only from those around them, but also from themselves.

Let's not bring up Freud. He could hardly imagine the sheer scale of 'sexomania' in our time. I'd just like you to ask yourself a question: why are there so many problems surrounding such a simple function, which has been made perfectly efficient by nature?

The answer to this question lies on a completely unexpected plane, partly related to phenomena such as 'flash-mobs'. If you do not know what these are, I'll explain.

Imagine a crowded street or square on a sunny day. Everything is going on just as usual. And then suddenly, just like that, a couple of dozen or a hundred people take out umbrellas, open them and start behaving as if it was raining. 'Normal' passers-by stand with their mouths wide open, while 'the random people' are having a blast.

Such an impressive event is very easy to set up. A group of people, who do not even know each other, use the Internet to agree that at a specific time, in a specific place, once given a sign, they will perform an odd act.

What is actually happening during this event? As you know, when a group of people start thinking in the same direction, a pendulum is created. The flash-mob group is thinking: 'Look at u

'We've got umbrellas!' Other passers-by stand with their mouths open, perplexed: 'What's gotten into them?' The uniform thought emission of the group creates a resonance, the energy of which is in turn consumed by a pendulum.

A flash-pendulum is the most short-lived of all – it blazes up and goes out, and for that reason does not cause anyone any harm. This harmless example shows us how longer-lived and more destructive pendulums are created and how they operate.

What does it take to make people emit energy in one direction? You need to determine mental and behavioral stereotypes – set a *rule*. It is, of course, not pendulums that create the rules, but people themselves. Pendulums are unable to materialize a conscious intention. They spring up spontaneously. But it is a conscious rule that brings them into existence. *The rule of the pendulum* is the most terrible and harmful of all the things that mankind has come up with. And this is how it goes: 'Do as I do!'

At the end of the day, all mental and behavioral stereotypes come down to following the pendulum rule. Spend some time observing, and you'll notice that this rule has an effect more often than not. Of course, it does not always cause harm. For example, a wave of fans on a stadium giving rise to a flash-pendulum, and it too is fed by resonance energy, although nobody suffers from it.

In a concert hall, a pendulum consumes the energy of the audience at full power. This is also completely harmless, but notice how performers sometimes behave on stage. They try their best to stir up the audience by using the pendulum rule: 'Higher! Put your hands higher in the air! And now everybody, together!' The audience obediently claps their hands, and this energy, which is tiny for one person, develops into a resonance that creates an invisible monster, suspended above the hall.

If the pendulum did not consume this energy, the performer on stage would literally fly up into the air. But the performer gets petty crumbs – everything else is snatched up by the pendulum. The monster lives as long as people obey the rule: 'Do as I do!'

And, so what? It's not like anything bad happened! True, flash-pendulums are harmless. But what has it got to do with sex? You'll never guess.

We started talking about sex, but switched to the topic of flash-mobs. So what have the two got in common? You probably think it's got something to do with energy. That's true; a flash-pendulum is created during sex and consumes the resonance energy in the process. Since ancient times, people suspected, or perhaps even knew, about the presence of a certain entity hovering above 'the act'.

This entity, which within the model of Transurfing we call a flash-pendulum, is usually associated, among various peoples, with emotionally tinged symbols. For example, the 'Amusement of Satan'. Some followers of the occult are firmly convinced that energy is released during sex, attracting various representatives of the ethereal world, who immediately flock together and initiate their devilish orgy.

Regardless of what people say, you shouldn't worry too much about it, because a flash-pendulum cannot do you harm. It simply feeds on the energy you would have wasted anyway, and that's all. But that is not the point I am making here. The important thing that connects sex in its modern form with a pendulum is the pendulum rule: 'Do as I do!'

With the development of digital means of mass media, the pendulum rule has achieved undivided domination. The human psyche is constantly subject to an invisible but rather efficient processing with the implanting of behavioral and mental stereotypes. I'm hesitant to use the word 'zombifying' in this case, but basically, that is where everything is headed.

The modern information and entertainment industry is based on one simple principle: watch the others, the ones who've become successful, and follow them, follow their example. All that these industries are trying to demonstrate to you is *the benchmark of success*. You know this perfectly well already, but perhaps you didn't stop to think about the enormity of the impact of this propaganda, which is sometimes obvious, but which more often acts in a subtle way, creating an impact little by

little.

~~This is particularly true for everything that is somehow related to sexual relations. In this case the stereotypes of *how it should be* are firmly settled. All kinds of printed and video matter on the subject show relations which, we are led to believe, satisfy common standards.~~

Don't think I am talking about some conspiracy or intentional propaganda. In reality, nobody has it as their goal to embed stereotypes in people's heads. Everything happens of its own accord. The fact of the matter is that there is always doubt in our mind: am I doing the right thing? There is always a need for comparison, because success is relative. Therefore, when someone witnesses someone else's success, he is naturally inclined to see it as a benchmark for himself.

Sexual relations, and sex in particular, mainly take place in an intimate and closed circle. Subsequently, the need to confirm that 'we're doing OK' goes up. And if you do not have, or not to mention, have never had a partner, then you feverishly start looking for a benchmark. And the mass media, of course, satisfy this human need, offering all kinds of models for a wide audience.

That is how commonly accepted stereotypes are shaped – how you should do it, what kind of image you should have and all of that. For instance, he is a cool 'macho' type, she is a hot 'sexy lady'. Look at them and do as they do. And if you do not fit these standards, then there is something wrong with you.

The sheer vastness of the destructiveness of this rule is difficult to imagine. You probably think I am unduly exaggerating the importance of the problem when I say that the pendulum rule is the most terrible and harmful rule of all things invented by mankind. Not at all. I am being rather modest in my descriptions.

The number of unsuccessful couples is huge. The number of could-have-been-happy families is perhaps even greater. When it comes down to it, the main reason for breakup is sexual dissatisfaction. Everything else is either a consequence brought about by this dissatisfaction, or excuses made by people who do not want to admit to each other the nature of the real cause.

Dissatisfaction occurs as a result of two people following the pendulum rule. They know that according to the standards one should do it this way and that way. The pendulum rule reads: 'Do as you do!' – and that means, *change yourself, betray yourself*. So people try to adjust to the established standards, but get emotional discomfort and dissatisfaction as a result.

The mistake made by anyone who has any kind of sexual problems is that he or she is *playing a role*. It's all very simple. You choose out of many models the one that suits you the most, and choose another one for your partner. Then you take on the role and start playing it, while pinning a projection that corresponds to your expectations onto your partner. However, interestingly, you play this role in a distanced manner, like a playing spectator, because you are constantly comparing yourself and your partner to the model to check whether you're doing everything right.

As a result, everything goes pear-shaped, because the nature of sex is such that it requires relaxation, liberation and devotion. Sex is the only case where you need to immerse yourself in the game, and do so without playing any roles. *Normal and natural sex is a game with rules established by you, with no looking back at how others are doing it and how it is allegedly supposed to be.*

In addition, things become very confusing when two different concepts – love and sex – become wrongly mixed up. Sometimes the pure sanctimonious use of the expression 'let's make love' makes you sick. Wouldn't it be easier to call things by their names? Sex is not love, and love is not sex. But aren't these things compatible? They are, but once again: *love is not sex, and sex is not love.*

These things can be both combined and separated. But the pendulum rule prevents you from doing it *naturally*. I won't be mistaken if I say that any failure in a sexual context has to do with the fact that people, while following the pendulum rule, are trying to artificially combine love and sex. As a result you get a senseless hybrid.

In truth, if you were to forget about rules and standards, it would all be very simple. Imagine a scale with a zero mark in the middle, with *affection* to the left, and *aggression* to the right. So, if the arrow shifts to the left, it is love; if to the right, it is sex. You may not like the idea, but sex, no matter how you view it, is more about aggression than it is about affection.

But many people become ashamed or afraid when they feel these 'diabolical' instincts come to life within them. They think it is perverted. In reality: two normal people meet and behave completely normal at first, but then they get a predatory twinkle in their eyes, and they start doing things that are completely out of line... Out of line of what?

And this is where the pendulum rule comes in. On the one hand, there are the generally accepted lines of decency, the crossing of which is not always appropriate. On the other hand, while you're within these lines, getting pleasure from sex is impossible. But people want both. And so, in order to adjust to the standards, people start playing their roles. Afraid to awaken animal instincts, they water down sex with established rituals, which they think are necessary. This, in turn, brings about a sort of enslavement. You ought to let go of the reins, but the pendulum rule does not allow you to. And the other way round: if the arrow moves far in the direction of aggression, there is immediately a need for confirmation: 'Do you love me?'

So, there are two playing spectators always present on stage. Just like puppets, they are hanging on the thread of control to which they have attached themselves. What are they doing? *They are trying, with all their might, to pull the arrow from one side to another and then back again.* When all they need to do is to spit upon the pendulum rule and let go of the arrow. Let it move freely, in correlation with feelings of the soul, and not ideas of the mind.

Someone may object and say that if we carry on like this we'll sink to the animal level. But in this case it is the pendulum rule at work. Who set the limits where 'humanness' ends and the animalistic level starts? It's not even about limits, but about the fact that you should set the rules for yourself, and not follow those of others. You are a person, and for that reason you've got the right to your own criteria of humanity and decency.

I hope you understand that I am writing all this for people who have problems with sex, and in particular for those who are in love. All you need to do in order to eliminate the problem is to let go of the arrow just as consciously as you consciously keep control over following the pendulum rule.

There is a group of people who do not experience any difficulties in sex. In truth, many problems disappear if you start calling things by their real names, if you do not mix different concepts together if you are consciously aware of what you want to get, and most importantly, if you are honest in telling your partner about it. Life will immediately become easier, if you are open. You can be sure that your partner too has plenty of secret desires. At the same time, there may be situations where one partner wants something the other partner finds unacceptable. What do you do in that case?

First, you should always remember the first principle of Freiling: *Give up the intention to get, and replace it with the intention to give, and you will get what you gave up.* This excellent principle works without a hitch, and sometimes you won't even understand the precise mechanism behind it.

Second, you still need to completely reject the pendulum rule and replace it with the rule of Transurfing. And the rule reads: *Let yourself be you and let a different person be different.*

As you understand, in order to get sexual satisfaction you have to feel at ease and uninhibited. You cannot feel at ease if you have excess potentials in the shape of hang-ups and complexes, for example, an inferiority complex. No matter how much you try to relax, equilibrium forces won't let you.

But the lion's share of tension arises, not so much as a consequence of excess potentials as such, but more as a result of dependent relationships. People's internal intention is most often directed at getting, and not at giving. On top of that, a projection that corresponds to the expectations associated

with the given role is usually pinned on the partner. People really don't want other people to be different.

Dependent relationships, as you know, cause polarization, which summons the wind of equilibrium forces, which in the end ruins everything. The rule of Transurfing immediately removes the polarization created by dependent relationships. Therefore, even if you cannot manage to get rid of your hang-ups, it's enough to follow the rule of Transurfing, and the tension will immediately and noticeably subside.

'Let yourself be you' means to accept yourself with all your imperfection. 'Let a different person be different' means to take off him or her the projections of your expectations. As a result, the situation where one wants something another finds unacceptable will resolve itself in the most incomprehensible way.

I repeat: all you need is to *reject the pendulum rule, replace it with the rule of Transurfing and direct your attention in accordance with the first principle of Freiling*. If you do it together with your partner, you won't have any more problems. Related discussions on the subject – why it works – will leave to the psychologists. It just works, and that's it.

But, speaking generally, why does a pendulum need a rule? In the case of flash-pendulums it is obvious – they feed on resonance energy, so the synchronism of actions is essential to them. But what about all the other, long-lived pendulums, which do not need their adherents to act as one? What keeps them up?

First and foremost, the pendulum rule sets the norms for behavior and the way you think; that is, it sets the standards for 'what is normal'. People do not understand that they are being offered a ersatz, a surrogate of success. Someone else's success cannot serve as an example or a role model. Only those who are brave enough to break the rule and follow their own path achieve true success.

If you follow in someone else's footsteps, you are forever bound to chase the setting sun. Success standards are a mirage, but people do not know or do not wish to know that the pendulum rule keeps them in the cobweb of illusions. Illusion is often sweeter, more comfortable and comprehensible than the unknown reality. When a person comes face to face with the fact that he does not fit the established standards, he experiences emotional discomfort. He is oppressed by the fear that he is going to be defeated; he senses his inferiority and feels all alone in this hostile world.

What can such a person do? One option is rejection. He can surround himself with a wall of rejection aimed at the unattainable models of success. Or he can continue his chase after a model. By following the pendulum rule, he tries to change himself, and chases his soul into the case of conditionality. That brings nothing but dissatisfaction, as a result of which he has to change himself once again.

And so, whenever you hark after a model, you emit the energy of dissatisfaction and disappointment. It cannot be any other way. In exactly the same way, a little donkey goes round and round after a carrot hanging on a string. That is the energy the destructive pendulums feed off, the same pendulums that offer you the models of someone else's success.

The wall of aversion, in its turn, requires at least the same amount of energy. It's quite difficult to keep a defense field around you, when everywhere you go, rules are being embedded in you, rules that you are unable to follow.

But there is a way out of this labyrinth. It involves *rejecting the pendulum rule and going your own way*. If you do this, you will experience an incredible quality, which will literally take your breath away. This quality is *inner freedom*. And there are people out there who are just like that. Take, for example, the following letter from a woman who is standing a few steps away from this freedom:

I am almost 30 years old, and I have never had a man. Sexologists say this is a serious abnormality. But I cannot understand why. I've always believed that it doesn't say anywhere that you absolutely have to sleep with somebody before 25, and that virginity is a reason for moral execution. I am attractive, and I've had more than enough opportunities to have sex. But... I do not want to. The problem is not on a physical level – that's all fine; I just haven't met a man I would like to go to bed with.

But lately, I catch myself feeling that it's weighing upon me more and more. Because everyone is indulging in carnal love and I am not. That is the way things are – but I'm not following the rule... I've never been a slave to social stereotypes, but it looks like this particular aspect of them is starting to annoy me. Sometimes I simply feel like a moral freak. However, the fact that I'm alone does not affect my self-esteem at all – I consciously do not want to engage in intimate relations without that special pull towards a person. Is my case really a deviation, a disruption of some kind?

I said 'a few steps away', because the fear of 'not being like everyone else' is nonetheless present in this woman. Still, her inner power and independence are obvious, and that is already something. And there is, of course, nothing anomalous about this case. Just don't be afraid of being 'not like everyone else' – instead, enjoy it. Then again, you shouldn't take it too far. Perhaps it would be worthwhile lowering your standards and being more easygoing.

Judging by the information that comes pouring down on us from all over the place, one might think that all people do is have sex. Actually, this is just an illusion. It is far from the case that everybody is leading 'an active lifestyle' in this sense – most of us don't even have a partner! But the dread of being alone and the fear of being different from everyone else makes one believe in this illusion.

Take, for instance, Paris with its air of freedom and ease. It has earned the reputation of 'the city of lonely hearts'. Every day, from early morning, people rush out onto the streets and mingle in the numerous cafés. Why do they do this? After all, surely you could have your coffee at home? They do it because loneliness is chasing them out of their house.

It may seem to some that pendulums are deliberately enslaving human society with their rule. Indeed, they are enslaving people, but pendulums are not the ones to set the rule. *They exist because of it!* The rule creates a pendulum. And then this pendulum starts doing its dark deed. The main feature of a pendulum that makes it so destructive is that it leads people far away from the path where they could find their true happiness.

Imagine a crowded street, where everyone is busy with their own agendas. Suddenly people in black appear on the street, forcing everyone into a line and making them march. One or two people make an attempt to get out of the line, but they are immediately and crudely brought back into line. 'Stop! Where are you going? Get back in line!'

A film like *Matrix* was not made by coincidence. Science fiction has a tendency to eventually turn into reality. And this tendency is accelerating. If you'll notice, the gap between science fiction and real materialization is getting narrower and narrower. Of course, people are not sitting in containers with suction cups attached to their bodies, but the analogy is drawn really close.

Everyone thinks that formation is a kind of reality. In truth, the need to be in a formation is an illusion. True reality is when you can get out of the formation and go your own way. But becoming aware of it is not too easy. People are so used to living through their illusions that they need a good shake, or, as in Carlos Castaneda's books, to 'shift the assemblage point' so that they can see what is reality and what is illusion.

Handicapped people, for example, are among those people who have no choice. They are forced to either suffer from their deficiency, or to disregard the pendulum rule. When someone realizes that he has nothing more to lose, he refuses to chase the model anymore and starts living for his pleasure. Handicapped sportsmen, playing basketball in their wheelchairs, are immeasurably happier than healthy teenagers mimicking Michael Jordan. The latter look less natural than the handicapped individuals, because they are walking in formation. And not a single one of them will become the new Michael Jordan, until he figures out that he needs to step out of the line.

Those who break the pendulum rule either become leaders or renegades. Some make their way to stardom; others become social outcasts. The difference between the two is that the first group of people are convinced that they have the full right to break the pendulum rule, while the others have doubts.

Stars are born on their own, but pendulums are the ones to light them. Those individuals who step out of the formation create a new model of success. Pendulums cannot stand individuality; they see a rising star, and there's nothing else they can do but to make it their favorite. And so a new rule is established, at which point the formation turns around and starts marching after the new star. Do you understand what is going on here?

But in order to get out of the formation, you need to know how to do it. If you start fighting the 'people in black', you will suffer defeat. In the battle with pendulums you will be brought down forever.

The whole secret is that you need to get out of formation *without a struggle*. You can simply step out and, with a calm smile on your face, wave goodbye to the people in black. And then go your own way. They will bend over backwards to get you back into line, but they won't be able to do anything about it, if you won't fight with them.

But, in order to understand this simple truth, you have to thoroughly re-examine your worldview. There are many things in our world that are upside down. Transurfing, in this sense, puts everything back in place and helps reject the pendulum rule.

However, many may not even accept the idea that they are squeezed into a matrix. Those who prefer to stay asleep do not need Transurfing. We all get what we choose. Illusion is also a choice, and anyone who prefers it has the right to it.

I am not forcing anything on anybody and do not intend to prove my ideas. You can test everything for yourself. I am just walking by, saying:

Hey, you know, there is this thing called Reality Transurfing!

Oh, really?!

Yep! I'm headed there – you can do as you want.

That's all.

Stabilizing the Structure

In accordance with its law, a pendulum does everything to increase the energy of any conflict that has arisen. Battles, from which pendulums draw energy, are always going on around us. But these conflicts usually arise between two or several opposing structures. There are plenty of examples of this – wars, revolutions, market competition and other types of counteraction.

However, along with aggression towards its enemies, the distinguishing feature of any pendulum

is the drive to maintain and strengthen the structure that makes a pendulum's existence possible.

~~The energy-information entity is created and develops simultaneously with the appearance of a~~ ordered structure, created by the representatives of the animate nature. The existence of a pendulum is wholly dependent on the extent to which the newly created structure is stable. Therefore, *it will do everything in order to stabilize the structure*. That is the second pendulum law. To illustrate what I mean, let's look at the most straightforward example – a school of little fish. The school behaves as a single organism. If you scare it at one end, all the little fish will turn around and swim away synchronously. Where does the synchronism come from?

If we were to assume that every single fish reacts to the movement of its neighbor, then the disturbance must be passed down the chain. However, regardless of the speed of the signal transmission, there still has to be a time delay. But that's the thing – there is no delay. The school can reach rather large proportions, but that makes no difference – the same synchronism is observed.

Birds behave in a similar way. If you ever had the opportunity to witness a large flock consisting of small and fast little birds, you must have noticed that their moving back and forth is distinguished by amazing coordination. Perhaps there is another mechanism at work here, for example, telepathy. But that too is not very likely. Take a pond where there are no schools – if you frighten a fish, another fish swimming only a meter away will stay quite calm. So it turns out, there isn't any telepathy involved. The signal is passed on only within a school of fish, which in itself is the simplest of structures. However, perhaps this signal is not passed on at all?

Let's take a higher-level structure – an anthill, for instance. Science is unable to provide a persuasive answer for how a colony of ants is run. After all, what's amazing is that there is a clear allocation of duties in the anthill, but there is no hierarchy. So why do all the insects act in a coordinated manner, like an organization run by central control?

Ants communicate by excreting odorous substances – pheromones. The odor trails allow them to find their way home and locate their food. But by what means is this information passed on to all the members of the colony at the same time? Any higher means of information exchange are out of the question. Otherwise why would they use such a primitive dataset as odors?

So, what unites separate members into an organized colony? A pendulum does. At the same time as a structure is created, and during its subsequent development, an energy-information entity is formed, which takes on the function of controlling and stabilizing the structure. There is a direct connection and a feedback loop between a pendulum and the structure elements. A pendulum exists at the expense of the energy of its followers and synchronizes their activity, uniting them into one organized society.

It may appear from the outside that the structure is somehow organizing itself, but this is not the case. Self-organization can only occur in inanimate nature, where the laws of physics act as the controlling element. For example, the molecules of any liquid during the process of crystallization are arranged into a lattice, the structure of which is determined by the shape of the molecules and the interacting forces.

For living organisms to become united in a structure, the presence of an external organizing factor is required. And that factor is the pendulum. How it does what it does is still unknown. To all appearances, there is a specific energy-information exchange between this entity and a living organism.

A pendulum, as a controlling superstructure, can be found in any structure that brings living organisms together. However, you cannot say that a pendulum executes intelligent control over any structure, because it does not have conscious intention. The consciousness of an energy-information entity is much like an algorithm. A pendulum does not implement its plans, like an intelligent being. It manages the structure in the same way as a program manages the work of an automatic device.

The degree of automaticity in the actions of the structure's elements depends on the level of the consciousness. ~~The more primitive a living being, the less idea it has about its own motives and actions.~~ If a creature lives in isolation, then its actions are determined by an internal program – a set of instincts. But when living beings come together in groups, an external program – a pendulum – immediately joins in and starts controlling the behavior of the community.

The aggressiveness of the world, where everyone eats each other, developed as a result of the first pendulum rule. The aggression that is a product of pendulums is far from a necessary feature of animate nature, and this idea finds support in various separate corners of our planet. For instance, there are practically no predators in New Zealand.

A great many inhabitants of the planet have to come together in groups in order to survive in a unsafe environment. Pendulums force living beings to turn into elements of a structure by the principle: 'Well, little chicken, do you want to live? Then do as I do.'

People too are disposed towards assembling into interest groups. This is explained by the fact that it is easier to communicate with others this way. Perhaps it may seem strange that the vast majority of people have considerable difficulties in communicating with others. Despite the apparent effortlessness of interpersonal relations, they are quite strained, and this is due to quite a number of external and internal causes. In order to establish a more intimate contact, people instinctively try to find something in common, something that could unite them in one way or another. This is where the stabilizing function of pendulums becomes apparent. When discussion partners are swinging on the same pendulum, they are 'tuned into one wave' and have no trouble finding common ground. That is why it becomes easier to interact with others when you can have a smoke, a drink together, sit at a dinner table, go hiking, play a game and so on.

But perhaps the most impressive illustration of the second pendulum law is the birth of civilization. Have you ever thought about why cities came into being? Why, hundred of thousands of years ago, did people live in villages and nomad camps, and then suddenly start building great civilized settlements? What initiated the urge to build: craft-making, trade or perhaps war?

The most ancient cities are as old as pyramids. One of these – Caral – was discovered quite recently in Peru. This lost city remained unknown for almost five thousand years. It was detected when it turned out that the hills rising up in the middle of a desert were actually pyramids back in the day, and one of them was just as big as the ones in Egypt. Archaeologists were surprised by the fact that despite their excavations they were unable to find any pottery or weapons. People used primitive tools made out stone, bone and wood.

It was established that the city folk grew cotton, made fishnets and exchanged these for fish from those living on the shore. However, people could live in a village and make their living just the same. There were no defense structures around Caral, so military prehistory is also out of the question. What then accounts for the city having become established there?

From ancient times, people lived in villages, engaged in primitive handicrafts for a living, did some trade, and waged internecine wars. And to be able to do all that, they did not need to construct cities made of stone or to erect pyramids. In all likelihood, pendulums, or rather their stabilizing function, served as the organizing factor.

One cannot account for the exact process by which this happens. But the truth is always somewhere nearby. Most likely, at a given moment, a pendulum structure, within which lies the ability for further development, is spontaneously created. A city is, after all, a complex hierarchy of production, consumption and exchange pendulums. And if, by its structure, this self-organizing system proves to be stable from the very beginning, then it will expand and grow stronger. The evolution of the structure can eventually result in a complex civilization being formed. And the process will continue until some defect in architecture brings the gigantic construction crumbling

down. Of course, that's still in the distant future – but it all depends...

~~However, let's get back to our life. Man, in comparison to other representatives of the animal nature, is 'more awake'. But is he always aware of his actions? The human mind can create complex devices and mechanisms, build cities, research the world. And yet, in the sense of consciousness, man hasn't gotten very far from the animal world.~~

The whole of human society is organized in a complex structure, consisting of separate formations: from families to large corporations and governments. Just as in nature, if you lead an isolated existence then you are the one responsible for your actions. As is well known, those individuals who move away from society become enlightened. But when a person becomes an element of a structure, he is to a large extent sleeping awake, which nevertheless doesn't prevent his mind from engaging in high-tech production.

A modern factory is much more complex than an anthill. However, in essence, both are structures that are controlled by pendulums. And if one were to view together all the achievements brought about by scientific and technological advances, it would be obvious that they are all products of a structure, not of separate individuals. One man can invent the TV set, yet television is a product of an entire system, controlled by a pendulum.

When you become an element of a structure, you have to follow the pendulum rule. As a result, you get an inevitable contradiction between personal interests and conditions, forced on you by the structure. The worst case scenario is when you are not aware of this fact and toil away obediently by the sweat of your brow within the system, with no time to lift your head to look around and become aware of your actions.

You may object: 'What kind of nonsense is this! Why do you say I am not aware of what I am doing? On the contrary, I am perfectly aware of what I am doing, why and for what reason I am doing it.' Not likely.

As a striking example, one could take children's summer camps. The yet-to-be-established psyche of teenagers, who are relatively free from being classified, serves as fertile ground for the growth of pendulums. Pendulums, by virtue of their aggressive nature, create an environment where a competitive spirit flourishes. In this environment, if you are not like everyone else, that is, if you do not correspond to the parameters of the formed structure, you may be made a laughing stock, be 'driven away from the flock', or simply get beaten up.

Under such conditions, a teenager is sleeping awake, and he's sleeping like a log. He lives as if in a dream, unaware of his actions, be it in a crowd or in opposition to it. The sedative in this case is the heavy feeling of competitive relationships and the severe doubts the teenager has about his own adequacy and fitting the set 'standards'. This feeling of oppression and vigilance is always there, even if on the outside the teenager is calm and full of energy.

This kind of oppression, bordering on hopelessness, is the same as that experienced in an unconscious dream, where you are entirely at the mercy of unfolding events. Life in an aggressive environment 'happens', in a similar way to a dream. The rapid flow of events 'rushes' you forward and all your awareness is reduced to staying afloat, gawking around in fear.

If the teenager hasn't got an inner core of confidence, he instinctively – you could say unconsciously – starts looking for a point of support that will allow him to strengthen his status. And the pendulum is the one to offer this support, though not for free, but in exchange for submitting to the rules of the structure.

One may often notice, in an environment similar to summer camps, that you get certain rollicking individuals who are seemingly one hundred percent sure of themselves and taking everything like ducks to water. All their false confidence is held up by a point of support provided by a pendulum.

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